

La Mesa Branch Library

8074 Allison Avenue  
La Mesa, CA 91942  
Phone: (619) 469-2151

FEBRUARY 2015

Library Hours

M-Th: 9:30AM – 8PM  
F-S: 9:30AM – 5PM, Sun: 12 – 5PM  
Text: (619) 928-2251

Children’s Programs

Storytimes

Baby (0-18 months) Tuesdays at 11:30 am  
Bilingual Spanish & English (all ages) Tuesdays at 4:30 pm  
Grandparents and Books (all ages): Miss Betty Reads on Wednesdays at 11:00 am  
PJ Storytime (all ages) Wednesdays at 6:30 pm  
Preschool (3-5 year olds) Every other Thursday at 10:30 am  
Toddler (1-3 year olds) Fridays at 10:30 am

Preschool Yoga

Do you want to roar like a lion or swim like a fish? Using children's books as inspiration, a certified children's yoga instructor will engage children with yoga exercises. Have children wear comfortable clothing. Thursday February 5 and 19 at 10:30am

Afternoon Kids’ Craft

Create a different craft each week (5-10 year olds). Thursdays at 3:30 pm

LEGO Club

Join the fun and build with other LEGO fans. In-house LEGO toys will be provided. Mondays, February 9 and 23, 4:00 pm

Paws to Read with Jake

Kids ages 4-11 read to Jake the therapy dog to improve their reading skills. Sign up for 15 minute sessions. Monday, February 2, 3:00-4:00 pm

Teens (6<sup>th</sup>-12<sup>th</sup> grade)

Homework Help

Homework help in Algebra, Geometry, Trigonometry for middle school & high school students. Sign up required. Mondays, Tuesdays and Wednesdays at 4:15 pm

Marbled Crayon Rocks

We'll melt down bits of crayons of different colors and set them into rock molds. Snacks provided. Open to 6th-12th graders. Thursday, February 12, 4:00 pm

Teen Movie

The story of Dracula's origins as a young prince (Luke Evans) who turns to dark powers to protect his family and kingdom. Open to 6<sup>th</sup>-12<sup>th</sup> graders, snacks provided. Tuesday, February 13, 4:00 pm

Teen Book Club

Pick up a copy of the current title at the desk. We'll talk about what we think of the book and vote on the next title to read. Open to 6th-12th graders. Refreshments. Thursday, February 19, 4:00 pm

Advisory Council of Teens

The A.C.T. is where 6th-12th graders plan all future teen library events, select what materials we buy for teens, decorate the teen room, and more. Attendance can count as community service. Snacks provided. Thursday, February 26, 4:00 pm

Adults

African American History Film Series

Every Sunday in February we will screen a different movie about the struggles and triumphs of African Americans. Sundays, February 1, 8, 15 & 22, 1 pm

Bereavement Support Group

VITAS Hospice invites you to a drop-in group for anyone who has suffered the loss of a loved one. Participants gain support from others who are experiencing. Tuesday, February 3, 10:30 am

NOW We’re Talking!

A series using art and literature as stepping stones for deep conversation about identity, community, and politics. Sign up at front desk. Wednesday, February 4, 10:30 am – noon

Book Art

San Diego Book Arts will lead you in a hands-on project to create a customized miniature book. Registration required, materials will be provided. Saturday, February 7, 1pm.

Coffee + Books

Find your next great read, as recommended by library staff and guests. Light breakfast served. Wednesday, February 11, 10 am

Comic Lovers Book Club

Join fellow comic fans to talk about graphic novels, manga, comic movies and more. More info at [Facebook.com/LaMesaComicClub](https://www.facebook.com/LaMesaComicClub) Tuesday, February 17, 6:00 pm

Love Your Heart! Blood Pressure Screenings

Drop in for a free blood pressure screening offered by County Health & Human Services - no registration required. Find out how you're doing and what you need to have a healthy heart. Friday, February 13, 9:30 am- 3:00 pm

Adult Book Club

Join us to discuss *The Goldfinch* by Donna Tartt. Pick up book at front desk. Wednesday, February 18, 10:30 am

DRAW

Learn basic drawing techniques in pencil and charcoal. Reservations required, materials supplied. Wednesday, February 18, 5:00 pm

Stories for Seniors

Actor Walter Ritter will read a variety of entertaining and literary works for those who love the spoken word. Thursday, February 19, 1:00 pm

Lilly Jazz Project

Educator Dar Lilly explores the music that has influenced our nation, through live performance, recordings and discussion. Not just for jazz aficionados! Saturday, February 21, 10:30 am

Mindfulness Practice for Mental Wellness

Mindfulness is a skill for managing anxiety and depression and enhancing personal relationships. Mark Kennedy LCSW, will teach this three-part class. Sign up with the library. **New series** Feb. 24, March 10 & 24, 6:30 pm

Ongoing

Scrabble Club

Stop in and play with other Scrabble fans. Mondays, 4-6 pm

SilverSneaker Yoga

Gentle yoga for seniors. Tuesdays, 8:30-9:30 am

Ebook Tutoring

Schedule your appointment for a one-on-one session and learn to download library ebooks and magazines. Available Tuesdays and Wednesdays 3-4 pm and Fridays 1-2 pm; call the library to schedule.

Chess Club

Drop in for a game with others. Wednesdays, 3-5 pm

Knitting Club

Bring your project and chat with other knitters. Wednesdays, 6-8 pm

Writers Workshop

Join fellow local writers for writing practice and feedback on your latest writing projects. Thursdays at 6:00 pm

Introductory Computer Classes

Learn basic computer skills, registration required. Saturdays, 8:45-9:30 am

*Friends of the Library Bookstore: Open 1-4 PM daily.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>1:00 PM-African American History Film Series</b>	<b>2</b> 3:00 PM-Paws to Read with Jake 4:00 PM-Scrabble Club 4:15 PM-Homework Help	<b>3</b> 8:30 AM-SilverSneaker Yoga <b>10:30 AM-Monthly Bereavement Support Group</b> 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 4:30 PM- Bilingual Storytime/ Hora de cuento bilingüe	<b>4</b> 10:30 AM-Now We're Talking! 11:00 AM-Miss Betty Reads 3:00 PM-Chess Club 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>5</b> 10:30 AM-Preschool Yoga 3:30 PM-Afternoon Craft (5-10 year olds) 6:00 PM-Writers Workshop	<b>6</b> 10:30 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>7</b> 8:45 AM-Introductory Computer Classes <b>1:00 PM-Book Art</b>
<b>8</b> <b>1:00 PM-African American History Film Series</b>	<b>9</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Homework Help	<b>10</b> 8:30 AM-SilverSneaker Yoga 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM- Teen Movie 4:15 PM-Homework Help 4:30 PM- Bilingual Storytime/ Hora de cuento bilingüe 6:30 PM-Mindfulness Practice	<b>11</b> <b>10:00 AM-Coffee + Books</b> 11:00 AM-Miss Betty Reads 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>12</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) <b>4:00 PM-Marbled Crayon Rocks</b> 6:00 PM-Writers Workshop	<b>13</b> <b>9:30 AM-Love Your Heart! Blood Pressure Screenings</b> 10:30 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>14</b> 8:45 AM-Introductory Computer Classes
<b>15</b> <b>1:00 PM-African American History Film Series</b>	<b>16</b> <b>All Day-Presidents Day Holiday Closure</b>	<b>17</b> 8:30 AM-SilverSneaker Yoga 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 4:30 PM- Bilingual Storytime/ Hora de cuento bilingüe <b>6:00 PM-Comic Lovers Book Club</b>	<b>18</b> 10:30 AM-La Mesa Library Book Club 11:00 AM-Miss Betty Reads 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help <b>5:00 PM-DRAW</b> 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>19</b> 10:30 AM-Preschool Yoga 1:00 PM-Stories for Seniors 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Teen Book Club 6:00 PM-Writers Workshop	<b>20</b> 10:30 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>21</b> 8:45 AM-Introductory Computer Classes <b>10:30 AM-Lilly Jazz Project</b>
<b>22</b> <b>1:00 PM-African American History Film Series</b>	<b>23</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Homework Help	<b>24</b> 8:30 AM-SilverSneaker Yoga 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 4:30 PM- Bilingual Storytime/ Hora de cuento bilingüe 6:30 PM-Mindfulness Practice	<b>25</b> 11:00 AM-Miss Betty Reads 3:00 PM-Ebook Tutoring 4:15 PM-Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>26</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Advisory Council of Teens 4:30 PM-Friends of La Mesa Library Board Meeting 6:00 PM-Writers Workshop	<b>27</b> 10:30 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>28</b> 8:45 AM-Introductory Computer Classes